

BRIDAL BEAUTY



Having worked in the make-up industry since her move to Belfast from Scotland over 9 years ago, Samantha Weightman is widely regarded as one of Ireland's top Make-up Artists. An award winning and in demand freelance make-up artist, Samantha regularly works for the BBC, UTV and Northern Ireland's top model agency Style Academy. With vast experience, Samantha specialises in Bridal make-up offering bespoke packages to suit every bride as well as a host of other make-up services.



So winter is finally over (we hope!) and we're heading into the busy spring wedding season. This by far is my favourite season for make-up as I love dewy, glowing complexions with a soft burst of colour! Out with heavy contouring and in with healthy, glowing and radiant skin.

It's time to get your skin care routine in order. If you're not doing it already, then it's time to cleanse, gently tone and moisturise twice a day. Exfoliate twice a



week with a gentle exfoliator and if you haven't already, start using a high SPF under your makeup every day.

Think about booking yourself in for a facial around every six weeks in the six months leading up to your big day. If you're having any major skin issues, consider seeing a dermatologist so they have plenty time to help you out. Most brides want dewy, glowing skin on their wedding day but it takes time to achieve this. If you are going to do a chemical peel, make sure this is booked in at least 4 weeks before the big day. This gives your skin enough time to recover from any dryness or redness that may result.

If you do decide to tan, ensure you have a trial run a few weeks before the wedding to check you are happy with the colour and finish, and then book with the same person a few days before the wedding.

I have seen bruising and burns happen on brides from poor waxing! Always go to someone you trust and make sure you have any facial waxing at least 3-4 days beforehand anyway as foundations don't sit well on freshly waxed skin.

Bruising from procedures like lip fillers can last a few weeks so make sure you book your appointment allowing time to heal if necessary.

If like me, you get tired and puffy eyes, drink as much water as you can the day before your wedding. A glass (or a case!!!) of champagne with your bridesmaids may seem like the perfect way to calm your nerves but don't go too crazy as alcohol dehydrates the skin and is the main cause of puffiness. (Not to mention the killer hangover you don't want on your wedding morning!) When you wake, apply a little eye cream (I like to keep mine in the fridge for the cooling effect) around the eyes using a light tapping motion with your ring finger, this will help with lymphatic drainage and discourages puffiness.

It's absolutely normal to feel emotional on your wedding day - virtually every bride I've ever worked with has had a least one small wobble on the wedding morning, and



a few tears are a natural part of a very big day. Make sure everything is waterproof or even better, book yourself a make-up artist and ask them to stay until you are in your wedding dress and ready to leave.



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MAKE-UP ARTIST

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